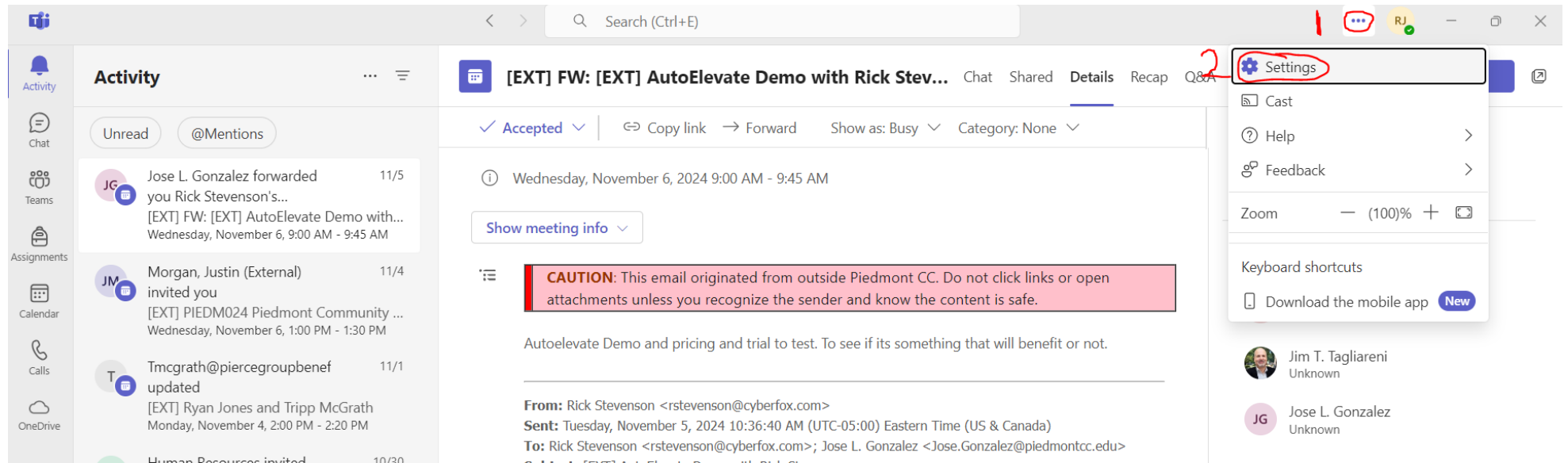


To prevent Microsoft Teams from starting automatically when you log in:

Open Teams

Click the “three dot” menu towards the top right of the window

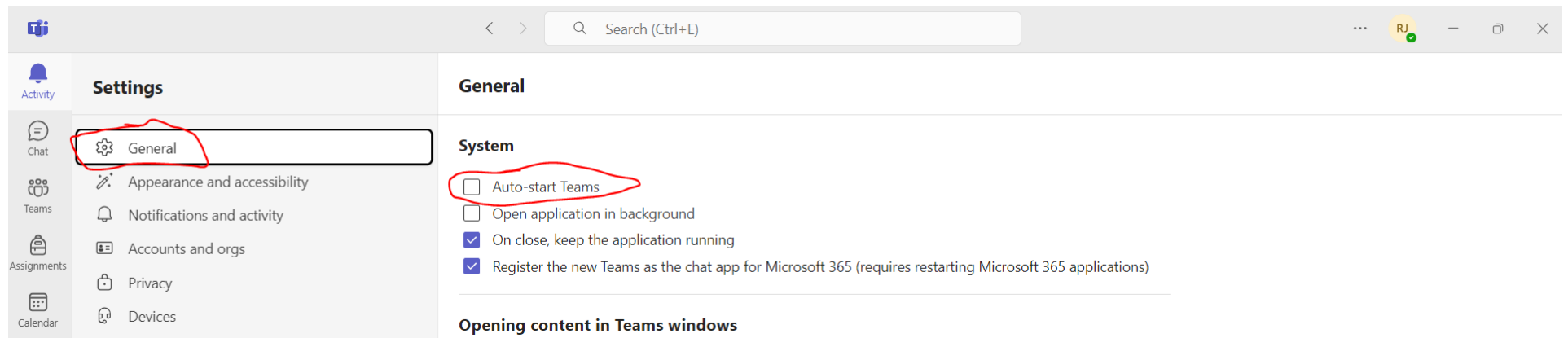
Click “Settings”



The screenshot shows the Microsoft Teams application window. The top right corner features a three-dot menu icon, which is circled in red. A dropdown menu is open, with the 'Settings' option highlighted and circled in red. The main content area displays an email thread with a 'CAUTION' warning box and meeting details. The left sidebar shows the 'Activity' tab with various notifications.

Click “General”

Ensure that the box for “Auto-start Teams” is unchecked.



The screenshot shows the Microsoft Teams Settings window, specifically the 'General' tab. The 'General' option in the left sidebar is circled in red. In the 'System' section, the 'Auto-start Teams' checkbox is unchecked and circled in red. Other options include 'Open application in background', 'On close, keep the application running', and 'Register the new Teams as the chat app for Microsoft 365'.