

**PIEDMONT COMMUNITY COLLEGE  
STATE OUTLINE  
NURSING ASSISTANT I  
Summer Class  
8 hrs.  
164 Hours**

Course Day	Content: State Curriculum	Orientation	Class Hours	Lab Hours	Clinical Hours
<b>Orientation will be held on the Caswell County Campus, Saturday, May 31. This is the only class held on Saturday and on the Caswell Campus.</b>					
5/31/25	<b>Orientation – Mandatory Attendance</b> Location: Caswell County Campus* 331 Piedmont Drive, Yanceyville, NC  8:30 a.m. – 12:30 p.m.	4			
<b>Remaining classes/lab dates will be held on the Person County Campus. 1715 College Drive, Roxboro, NC</b>					
Day 1 6/2	<b>Module A</b> The Nurse Aide I <b>Module E</b> Law and Ethics <b>Module F</b> Dignity; Chapters 1, 2, 3, 5, & 6 <b>Module V Pain</b> Module AA: Vital Signs Chapter 29; Admissions, Transfers, and Discharges Chapter 32; * <b>Show You tube video “Reading BP”</b>  <b>Modules C</b> The Resident’s Environment: Safety and Emergency <b>Module D</b> Communication <b>Module L</b> Communicating with the Health Care Team Chapters 7, 13, 14, & 20 Module Z Bathing/Hygiene Chapters 22 & 23 Module Z Bedmaking Chapter 21		8		
2 6/3	<b>Module I</b> Body Mechanics <b>Module K</b> Restraint Elimination, Reduction, Appropriate Use <b>Module M</b> The Nursing Process and Nursing Care Plan <b>Module N</b> Incident Report pg 182 Chapters 8, 15, 17, 18, 19 <b>Modules G</b> Restorative Care Chapter 41 Skills/ROM/Chapter 30 Emergency Care Chapter 54 <b>Test A, E, F</b>		8		

3 6/4	<b>Module B Infection Prevention</b> Chapter 16 show you tube videos: “Don’t be the one to pass it on”, & <a href="http://www.hv.hs.goash/initiatives/hai/training/partneringtoheal.html">www.hv.hs.goash/initiatives/hai/training/partneringtoheal.html</a> (this website on listed in Module B) <b>Module H Body Systems</b> Chapter 10 Urinary/Bowel Elimination Chapters 25, 26, & 34 Test Module V and VS		8		
4 6/5	<b>VS: BP, Temp, Pulse, Respirations</b> <b>Weight/Height</b> Handwashing, Bedmaking, How to remove gloves, Positioning on side, Moving client up in bed with turning sheet, Restraints Test Module Z			8	
5 6/6	<b>Module J Nutrition &amp; Fluids Chapter 27</b> <b>Pressure Ulcers and Wound Care</b> Chapters 36 & 37 Test Modules C,D, L Show video Mouth Care without a Battle		8		
6 6/9	Bathing, Complete bed bath, Modified Bath, Tub/Showering a Resident, PPE, ADL’S (fingernail care, hair care, shaving) Show video: Bathing without a Battle Dressing client with affected right side, ROM one knee and one ankle, ROM for one shoulder, Elastic Stocking Foot care, Transfers from bed to wc using transfer belt, assists to ambulate using transfer belt			8	
7 6/10	<b>Module P Family &amp; Family Support</b> <b>Module R Cognitive Changes Due to Aging</b> <b>Module S Psychological Effects of Aging</b> <b>Module T Dementia and Alzheimer’s Disease</b> <b>Module U Mental Health &amp; Mental Illness</b> Chapters 9, 12, 48, & 49 *Test on Modules I, K, M, N, & G		8		
8 6/11	<b>Peri Care, Foley Care, Measures urinary output, Collecting Urinary Specimen</b> <b>Feeding the Client, Oral care, Denture care, Mouth care for unconscious and cognitively impaired client, Measuring I &amp; O</b> Test Module B			8	

9 6/12	Bedpan, Assisting with Urinal, Emptying Urinary Drainage bag, Assisting with Bedside commode <b>Test Module H</b>			8	
10 6/13	<b>Module O, Q Person Centered Care Chapters 9 and 12 Module W End of Life Chapter 55</b>  <b>Test Module J, Bowel and Bladder, &amp; Pressure Ulcers</b>		8		
11 6/16	<b>Test Modules P,R, S, T, U</b>  <b>Skills</b>			8	
12 6/17	<b>Test Modules O, Q, &amp; W</b>  <b>Chapters 42 - 47 Disorders of the Body Systems</b>			8	
13 6/18	Clinical				12
14 6/19	Clinical <b>Exam Version I</b>				12
15 6/20	Clinical				12
16 6/23	Clinical <b>Exam Version 3</b>				12
17 6/24	<b>Practice for Testing</b>			8	
18 6/25	<b>Practice for Testing</b>			8	
		<b>4</b>	<b>48</b>	<b>64</b>	<b>48</b>